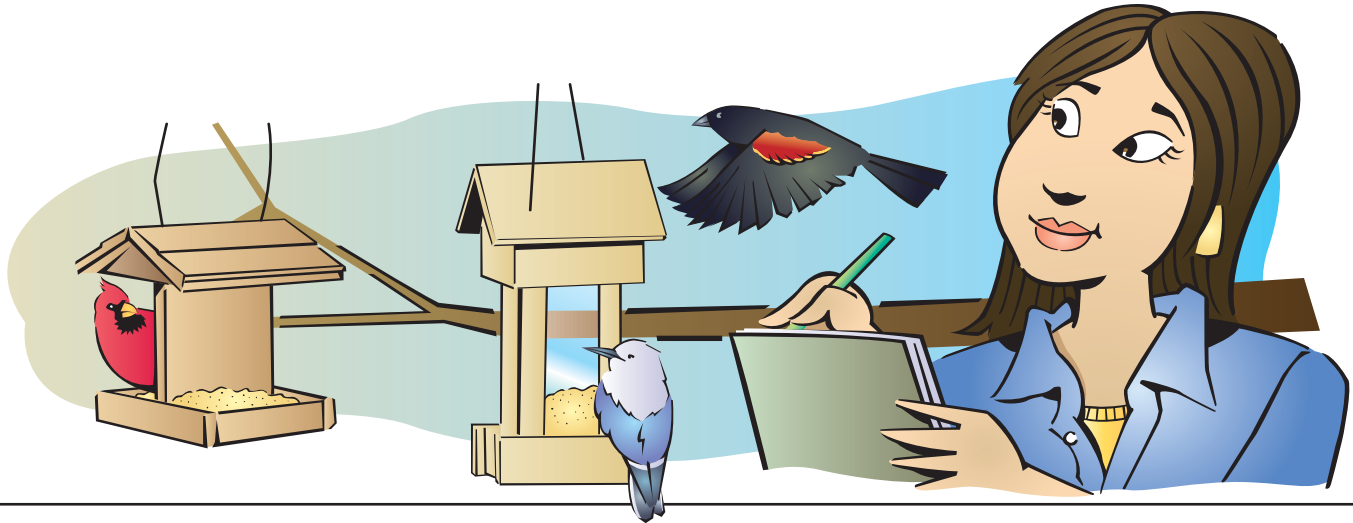


# Parent Pointers

## Calendar

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THE PARENT INSTITUTE®

## Parent Pointers

Calendar

Middle School  
**Parents**  
*still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Review your goals for the new year. Are family members working toward them as planned?	<b>2</b> Students with good grades take good notes. Teach your child to take notes and study them.	<b>3</b> Notice the moon's shape with your child. Why does it look the way it does?	<b>4</b> Some children find that when doing homework, it helps to go from hardest to easiest.	<b>5</b> Establish a regular bedtime for your child. Make it part of an overall nighttime routine.	<b>6</b> Don't pay your child for regular chores. All family members should help out around the house.
<b>7</b> Consider taking a class with your child—cooking, painting, in-line skating, etc.	<b>8</b> Teach your child to make daily "to do" lists. She should do the most important things first.	<b>9</b> Tell your child, "Winning isn't as important as how you play the game."	<b>10</b> Limit when your child can watch TV. For example, not during meals or homework time.	<b>11</b> Is your child learning another language? Ask her to say some foreign words or phrases to you.	<b>12</b> Make regular "appointments" to spend time with your child. Don't allow yourself to cancel.	<b>13</b> After reading a story, have your child rewrite it with a different ending.
<b>14</b> Choose one day a week to visit the library. Think of interesting things to research there.	<b>15</b> Ask your child, "What's the most interesting thing you learned today?"	<b>16</b> Make a decision as a family. This builds cooperation and communication skills.	<b>17</b> Don't let your child stay home alone for long periods. Middle schoolers need adult supervision.	<b>18</b> Have your child list everything she needs at school. Keep the checklist by the front door.	<b>19</b> Ask your child to teach you something he's learning in school. Let him explain it, even if you understand.	<b>20</b> Rent the movie version of a book your child has read. How do the versions compare?
<b>21</b> Teach your child a memory trick, such as "i before e, except after c ..."	<b>22</b> Does your child know where your ancestors came from? Discuss this with her.	<b>23</b> Remind your child of the Golden Rule: "Do unto others as you would have them do unto you."	<b>24</b> Play a listening game. Have your child repeat what you say word-for-word. Then switch roles.	<b>25</b> Color-coded book covers help kids (and their lockers) stay organized.	<b>26</b> Tell your child that school is his job. It's more important than sports, hobbies and TV.	<b>27</b> Do a "random act of kindness" with your child. Brainstorm together about what to do.
<b>28</b> Celebrate spring by planting something with your child. Ask what she'd like to grow.	<b>29</b> When helping your child with schoolwork, be positive, even if your child gets discouraged.	<b>30</b> Learn about the dangers of drug and alcohol abuse. Explain them to your child.	<b>31</b> Be on the lookout for things your child does right. Compliment her successes.	<b>March 2010</b>		