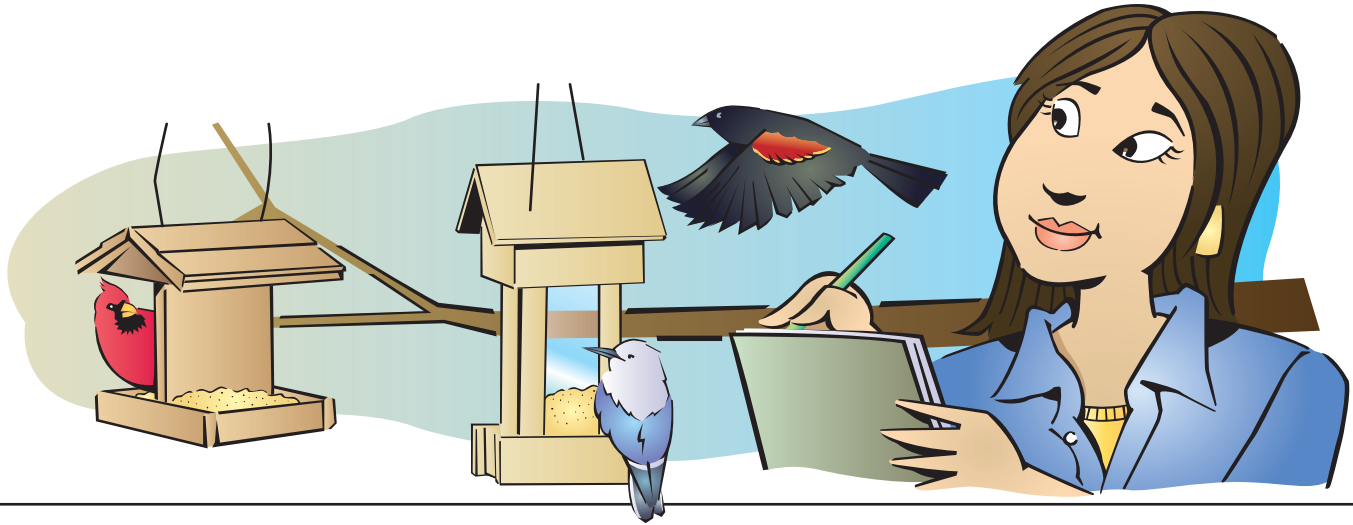


Parent Pointers

Calendar

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THE PARENT INSTITUTE®

Parent Pointers Calendar

Middle School
Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 2010				1 Ask your child about something he brought home from school, such as a book, test or art project.	2 Help your child consider possible consequences before making a decision.	3 Invent a recipe with your child. If it doesn't work, try to fix it together.
4 Give your child a fun responsibility, such as choosing a gift for a friend or relative.	5 Figure out the average of something with your child, such as family members' ages.	6 Check the TV listings for nature programs. Choose some to watch with your child.	7 Does criticism make your child angry? Remind her that it can help her improve herself.	8 Expect your child to study every day, even if he doesn't have any homework.	9 To help your child avoid eating disorders, don't judge others by their looks.	10 Play music while the family does chores. Have fun singing and dancing while you work.
11 Consider limiting TV viewing to weekends. Good weekday shows can be recorded.	12 Expect your child to write thank-you notes for gifts. It's polite and it builds writing skills.	13 Help your child think of tough situations he might face. How would he handle them?	14 Look for materials at the library printed in a language your child is studying.	15 Show your child you're listening to him. Make eye contact, nod and respond verbally.	16 Find a place for your child to display things he's proud of, such as awards and good grades.	17 List your priorities in life, including family. Does your schedule reflect what's most important?
18 Encourage your child to be a gracious winner and a good loser.	19 Plan a reading dinner. Let everyone bring books to the table.	20 Help your child set a long-term goal. Then help him plan how to reach it.	21 Remember that the key to getting your child's respect is showing your child respect.	22 Celebrate Earth Day by doing something good for the environment, such as recycling.	23 When your children fight, have them switch roles. It helps to see others' points of view.	24 Let your child take notes at family meetings. Refer to them later as needed.
25 Does your child study well with others? If so, let her start a study group.	26 Remind your child of a past achievement. This can build self-confidence.	27 Help your child find the best study time for her. When is she most alert?	28 Girls who mature early may be at risk for eating disorders. Learn the symptoms of these illnesses.	29 Write down your family's most important rules. Post them in a noticeable spot.	30 Practice estimation with your child. Have him guess how long it will take to do something or go somewhere.	