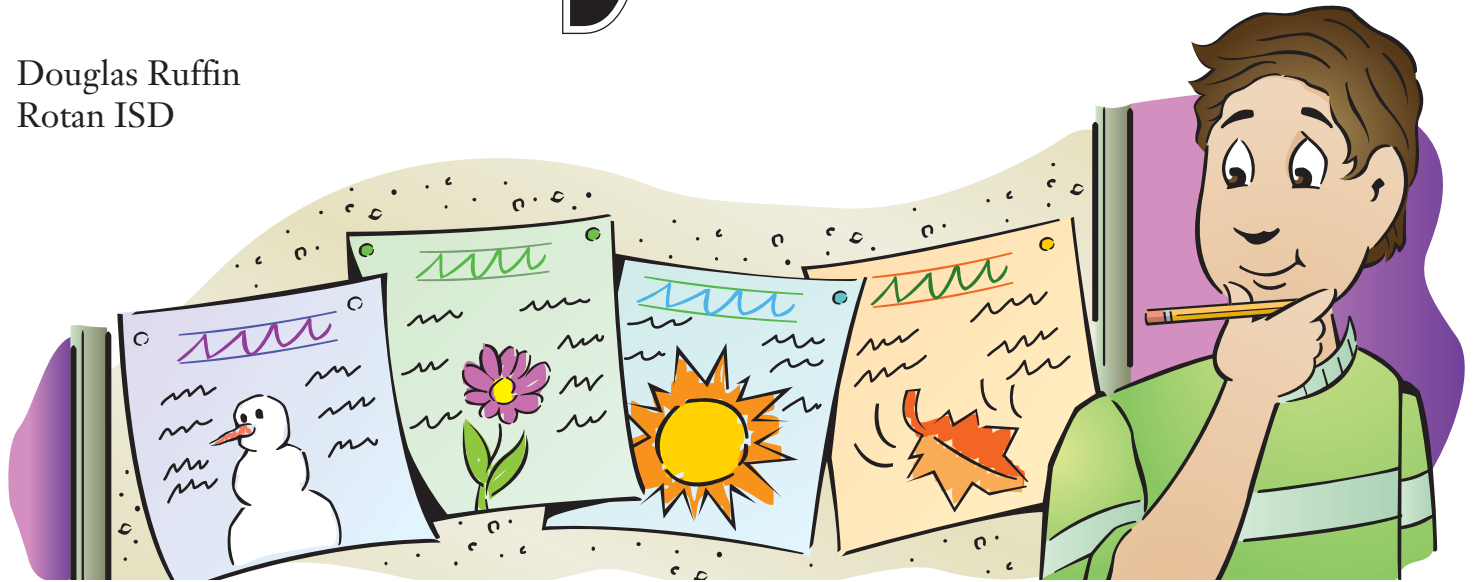


Parent & Child Activity Calendar

Elementary School

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THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December		1 Look in the newspaper for a listing of free holiday events. Plan to attend one this month.	2 Plan to spend some one-on-one time with each child this month. Write the dates on your calendar.	3 A rebus is a story that replaces some words with pictures. Make a rebus with your child.	4 Choose a number, then have your child list all the things she can think of that come in that number.	5 Do holidays have you stressed? Share the responsibility with your child. When he helps, he appreciates them even more.
6 Make a TV viewing schedule with your child this week. Use it to plan how you'll both limit your viewing.	7 Plan a week of alphabet dinners—serve foods that start with the same letter. Choose a different letter each day.	8 Today, have your child teach you something she needs to learn for homework. It's a great way to reinforce learning.	9 Teach your child how to make paper snowflakes. Fold paper or coffee filters and cut shapes. Decorate your windows with them.	10 Trace your child's body on a big piece of paper. Then have her research and draw the inside!	11 This holiday season, do something nice for others as a family.	12 Take your child out for breakfast, or make it together this morning.
13 Bake cookies with your child. If you're doubling a recipe, have your child do the math.	14 Visit the library. Check out a book about holiday traditions around the world.	15 When you're in the car, have your child estimate how far it is to your destination. Check using the odometer.	16 Keep track of everything you eat for a day. What changes would you like to make?	17 Play a game of "Concentration" with math flash cards. Problems with the same answer (9×2 , $15 + 3$) make a pair.	18 Plan a late bedtime so everyone can read in bed. Everyone tells what they will be reading before they begin.	19 Think of something nice your child can do for a neighbor or older friend.
20 Set aside time today to work on craft projects with your child. Perhaps she can give these as gifts.	21 Today is the Winter Solstice. Check the paper to see how many hours of daylight there will be today.	22 As school vacation approaches, have your child make a list of things to do when there's nothing to do.	23 Watch a TV program with your child. Make a graph of the time spent on commercials vs. the program.	24 Read a favorite holiday story, poem or religious story with your child.	25 Talk with your child about the very best present she ever received. What made it special?	26 Enjoy some outdoor physical activity as a family today.
27 Have a "backwards day." Put on pajamas after you get up. Eat breakfast food for dinner.	28 Visit the library. Check out a biography about someone interesting from another country.	29 Kids bored? Have them take turns as models, holding a pose while the other children draw or paint what they see.	30 Have your child draw a picture of what he thinks describes and defines "December."	31 Help your child create a time line of the last year.	2009	